

**Activity Sheet**
**10 Years**
**from now**

National Apprenticeship Service

Lifestyle Activity Sheet – Where will I be in 10 years		
My Possessions	A	B
<b>Personal Belongings</b>		
Car		
House location		
House type		
Clothing		
<b>Social/Leisure Activities</b>		
TV		
Web/Internet		
Music		
Socialising – clubbing		
Eating out		
Holidays		
<b>Health Activities</b>		
Cycling		
Gym membership		
Running		
<b>Personal Grooming</b>		
Hairdressers/Barbers		
Beauty Therapy		
Complementary Therapy		
Dentistry		
<b>Other</b>		

